



FINDING BALANCE / Clay Miller / NavRally, NASWI Navs 7/2/14

*“We must not only return to the Message of Jesus Christ, but we must return to the **Methods** of Jesus Christ.” - Howard Hendricks*

When we hear “finding balance,” we think of someone who has everything together, is not overcommitted, shows up on time (never late), is not deficient (or lacking) on one area or another, of their life...and is, in essence, doing everything right. In reality, this person does not exist. What do we know about people?

- All are sinners: Isa 53:6; Rom 3:23
- Work is hard: Gen 3:19
- Our labor is futile: Eccl 11:8
- We will all die: Heb 9:27

What do we know about God?

- He Himself has paid for our sin, and set us free from its penalty: Rom 6:23
- He says our labor for Him is not in vain: 1 Cor 15:58
- He is our new Boss in everything we do: Col 3:17,23
- He has overcome death and offer us life: John 3:16

Luke 2:52 *“And Jesus kept increasing in wisdom and stature, and in favor with God and men.”*

- I. Who is my role model? Jesus should be the role model – the prototype - of every believer, because He is my:
 - a. EXAMPLE – He stands before me. We are called to follow in His steps: 1Tim 1:15,16; 1 Pet 2:21; we are called to help others imitate Christ: 1 Cor 11:1
 - b. TEACHER: He stands beside me. Psa 119:102; Luke 6:40; Matt 28:18-20a *“...all things I taught you...”*
 - c. MY ADVOCATE: He stands behind me. Matt 10:32; 28:20b; 1John 2:1
 - d. MY LIFE: Therefore I need Him. John 3:30; 6:48; 6:66-69; Gal 2:20
- II. Jesus has already lived the life He wants for us – we need to simply be IN CHRIST:
 - a. He has sympathy: Heb 4:15
 - b. We need to put on Christ: Rom 13:14
 - c. We need to get to KNOW Christ: John 17:3; Phil 3:8
- III. What type of REGULAR activities characterized Jesus’s life?
 - a. He obeyed His Father’s leading: John 5:19; 5:30; 8:28; 8:42; 12:49; 14:10
 - i. The Holy Spirit, our Guide, follows the Father’s leading: John 16:13
 - b. He made His Father’s will the center of His Life: Luke 2:49; John 8:29
 - c. He Prayed to His Father early in the morning, and sometimes all night: Mark 1:32-37; Luke 6:12,13
 - d. He highly valued Listening to and Obeying the Word of God: Matt 4:4; 7:5-9; 7:24; Luke 10:38-42; John 5:39

- e. He enjoyed fellowship with His disciples: Mark 3:14; 1 John 1:1-3
 - i. He served His men: John 13:14; Phil 2:3-8
 - ii. He taught them to love one another: John 13:34,35
 - f. He witnessed to the Good News of the Kingdom: Mark 9:35; John 9:35-38
 - i. He served others: Mark 10:45
 - ii. He Trained His men to be witnesses: Mark 5:19-20; Acts 1:6-8
 - g. He rested and gave rest: Matt 11:28,29;
- IV. What takes a man or woman out of balance?
- a. Sin – John 14:21
 - b. False Doctrine -
 - c. Mediocrity & Laziness – Eph 5:15-17; Heb 5:14; Rev 3:15,16
 - d. Wrong Priorities – Luke 12:34; Phil 2:19-21; 2 Tim 2:4; 1 John 2:15-17
 - e. Not knowing how to say NO.
- V. Application: Draw your own WHEEL.

